**Supplemental Table S1** Demographic and anthropometric characteristics of the study participants

|  |  |  |
| --- | --- | --- |
| Age, years |  | 44.8 ± 15.74 |
| Sex |  |  |
| Female |  | 14 (56%) |
| Male |  | 11 (44%) |
| BMI, kg/m2 |  | 24.10 ± 3.94 |
| Height, cm |  | 160.50 ± 7.56 |
| Body weight, kg |  | 62.28 ± 12.31 |

The data are shown as the mean ± standard deviation or as the number (percentage).BMI, body mass index